

GANG GREEN

4-2-5

Defend the Wing T

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WING T PHILOSOPHY





Starting Points

- **It's not mystical. It was created by a coach with a PE degree.**
- **Most people who run it do not understand all the intricacies & provide great tendencies**
- **Every Series has the following:**
 - A Base Play
 - Counter
 - Play Action Pass
- **Stop the Quick Score/Homeruns First**
 - Don't get outflanked by formation, motion, trades
 - Sit on Reverse, Counter, Gadget plays
- **Make them drive the ball with base plays**





Series Football

- **Don't treat plays individually**
- **Treat them as packages**
 - Understand the Look-A-Like blocking.
 - Don't get out of Base or change techniques
- **Great Variation of Formations**
 - Boil down to TE or SE over to TE side;
 - TE/Wing, plus the SE unbalanced on TE side;
 - SE/Wing
- **Great Play Action**
- **Variety may lead to tendencies**





SERIES FOOTBALL

- **BUCK Sweep Series**
 - Sweep, Guard Trap, Waggle
- **FLY SWEEP Series**
 - Sweep, Guard Trap, Waggle, Belly, Down
- **DOWN Series**
 - Off Tackle, Counter, Option, Pass
- **BELLY Series**
 - Weakside Iso, Tackle Trap, Option, Sweep, Pass
- **OPTION**
 - Midline, Veer, Speed Option

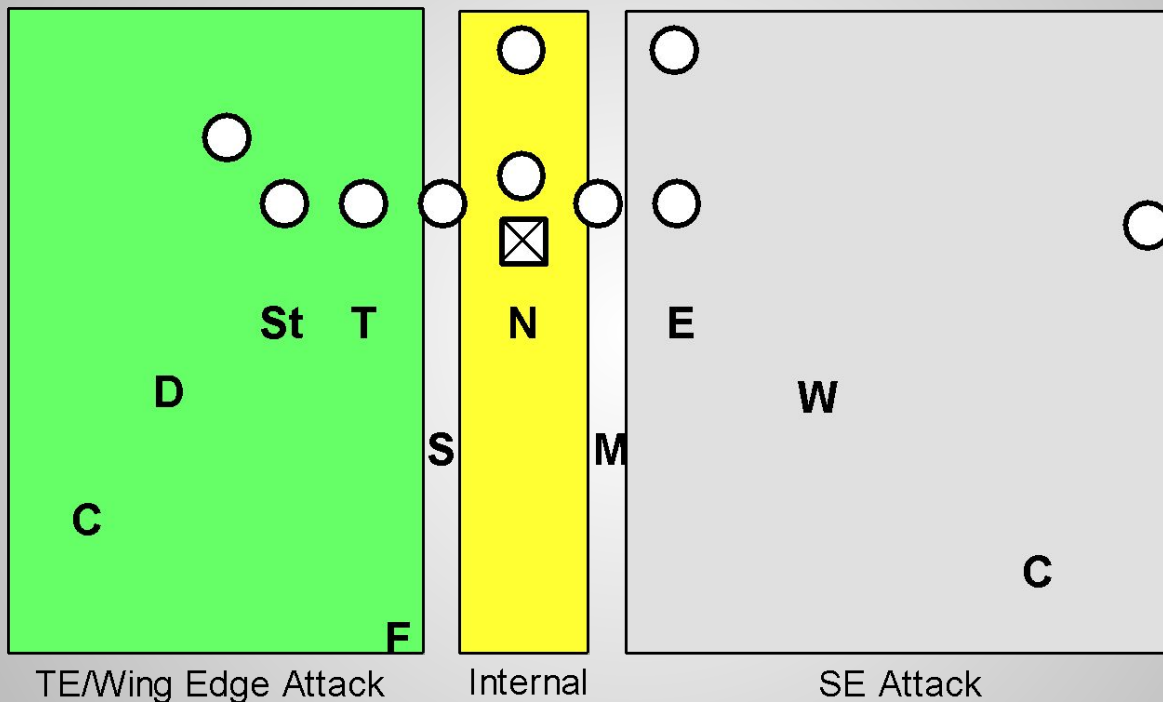


FORMATIONS





Wing, No Motion



**Down
Buck
Down Option**

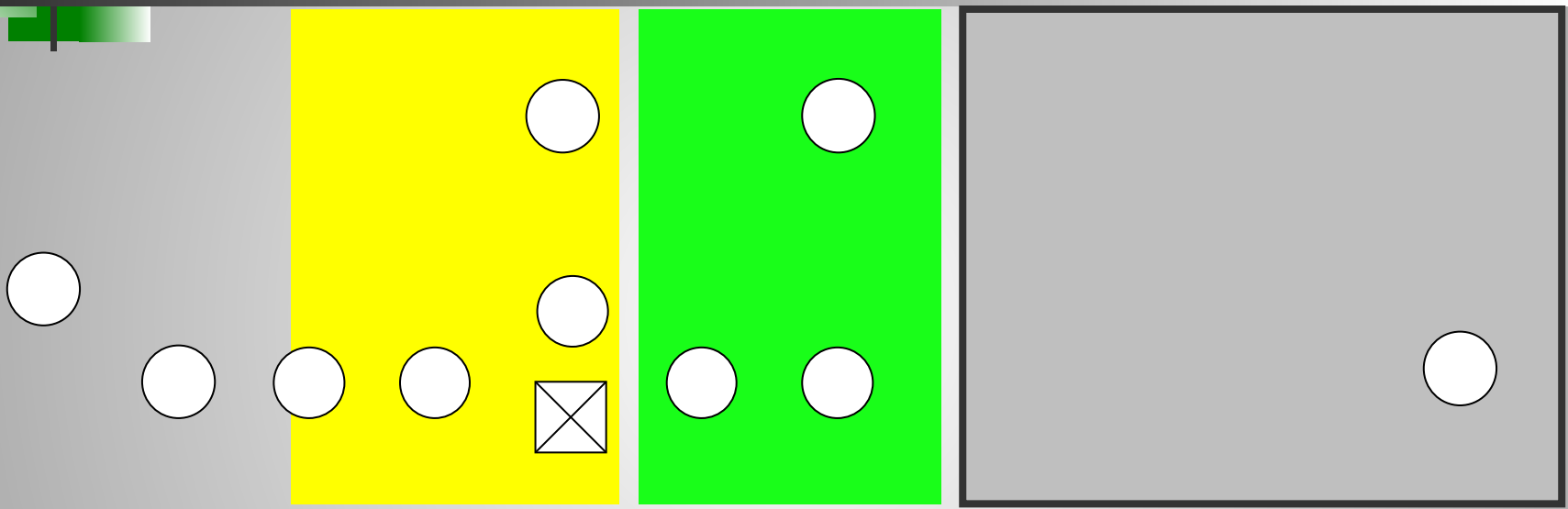
**Guard Trap
Gut**

**Sally
Boot**





Wing, Motion



Tackle Trap

Belly

**Belly Sweep
Belly Pass**





Overview of GamePlan

- **Get Lined Up! Top priority at practice.**
- **Teach to defend by Formation:**
 - Base, Counter, & Play Action from that formation
- **Backers on a String**
- **3 on 2 – TE/Wing reads**
- **Overload the attack side, sit on the counter side**



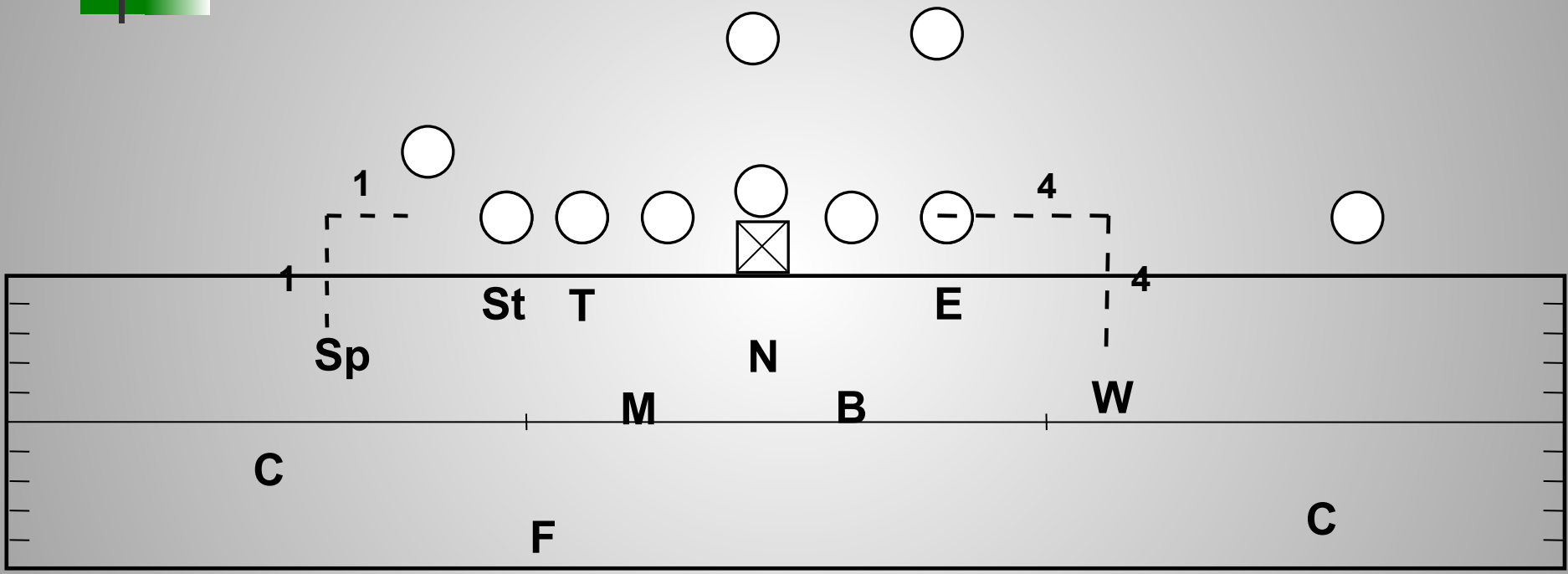


ALIGNMENTS





TE/Wing

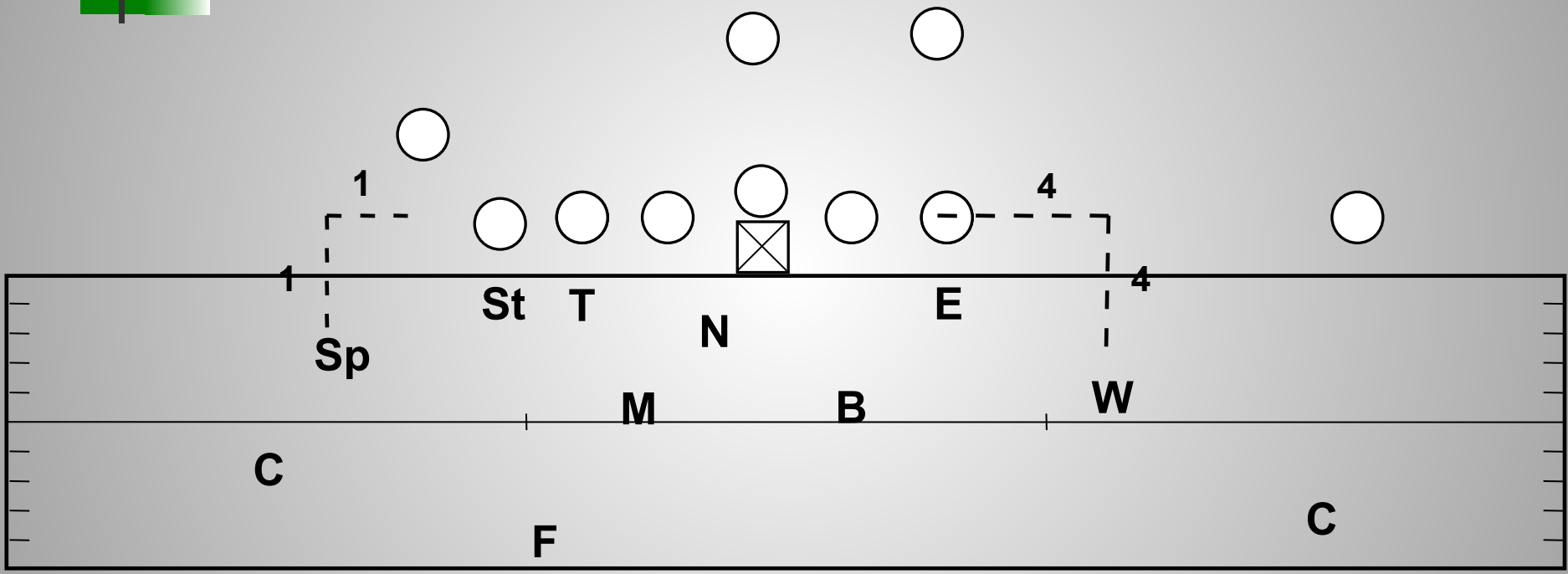


Spur widens 1x1 off TE



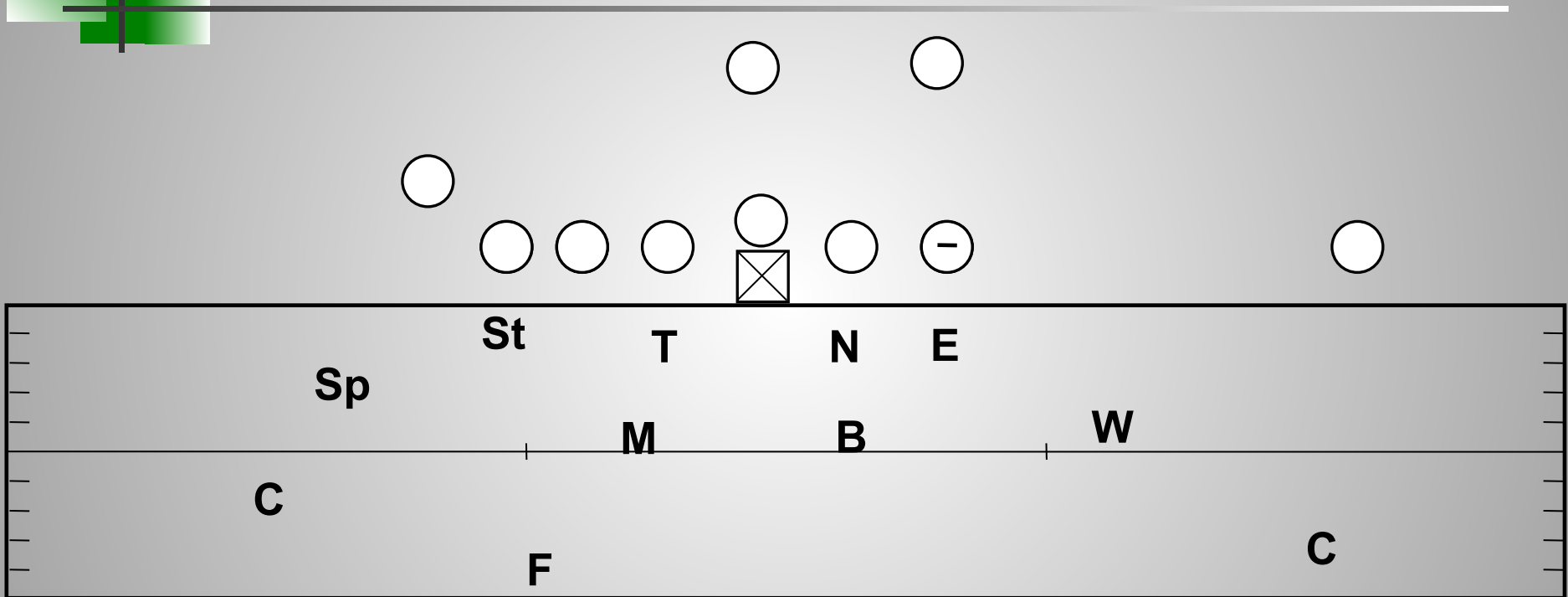


Strong A Gap





Stack Guards





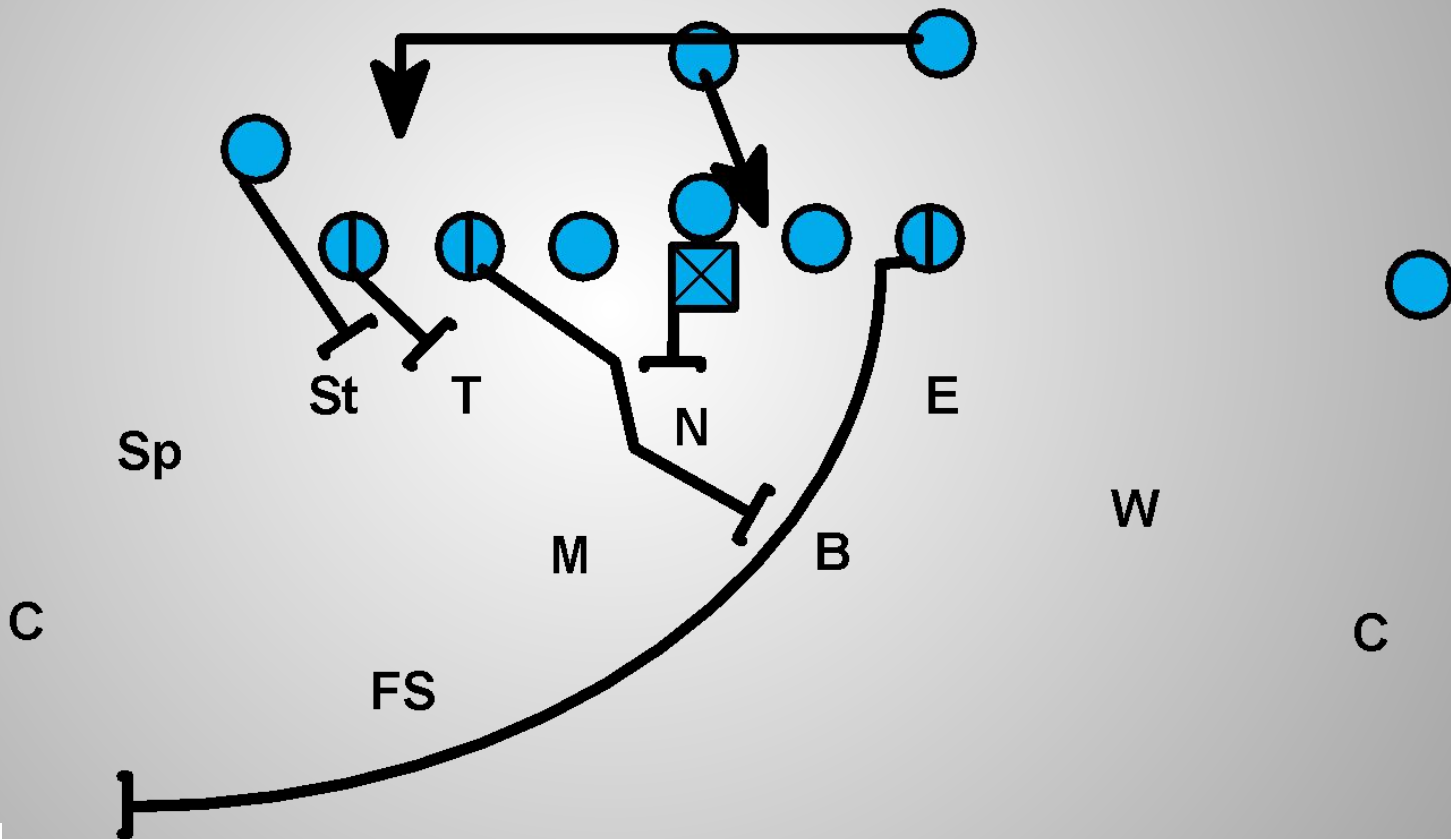
FOR SAKE OF TIME

**I will only show why placing
NG in strong-A gap gives the
Wing T problems.**



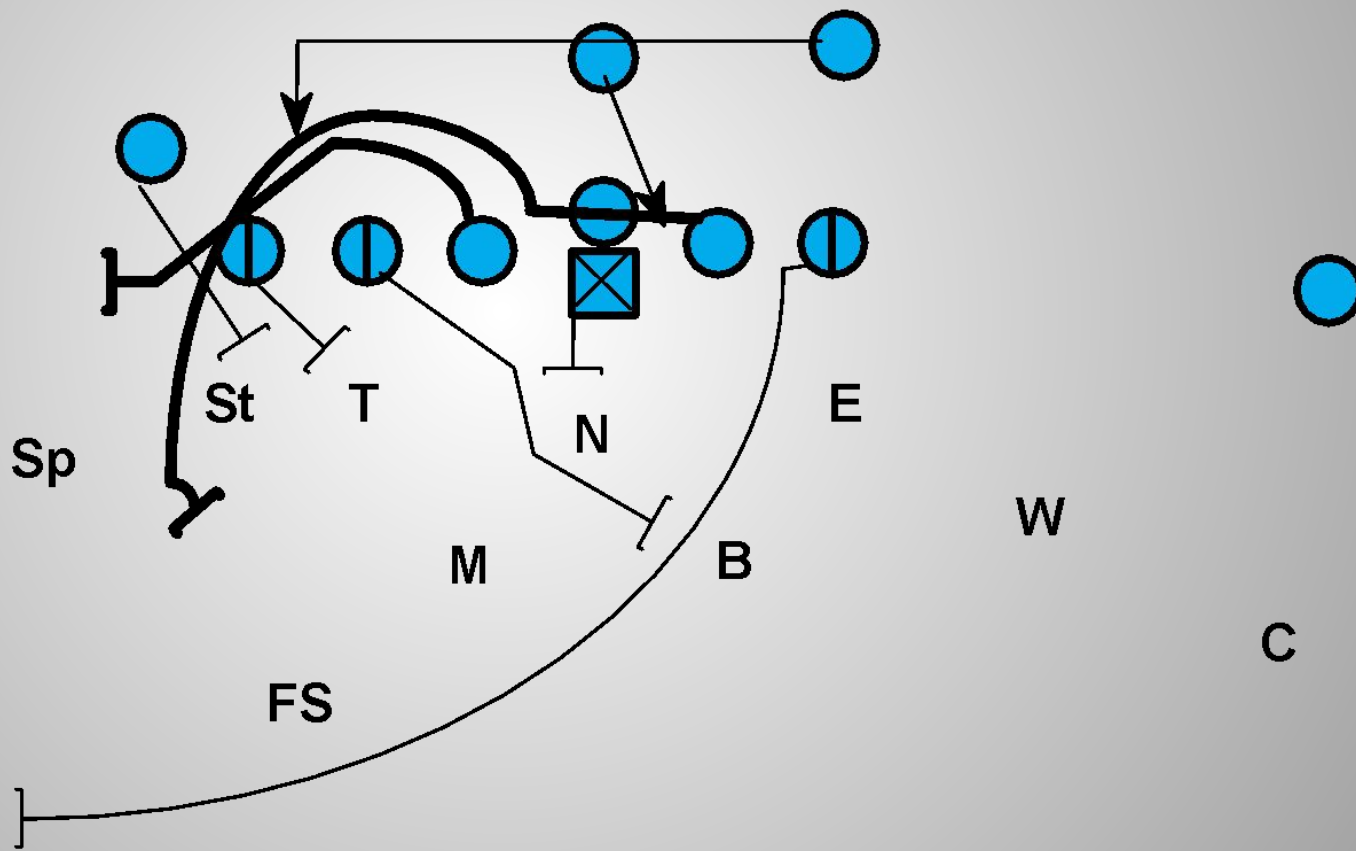


BUCK



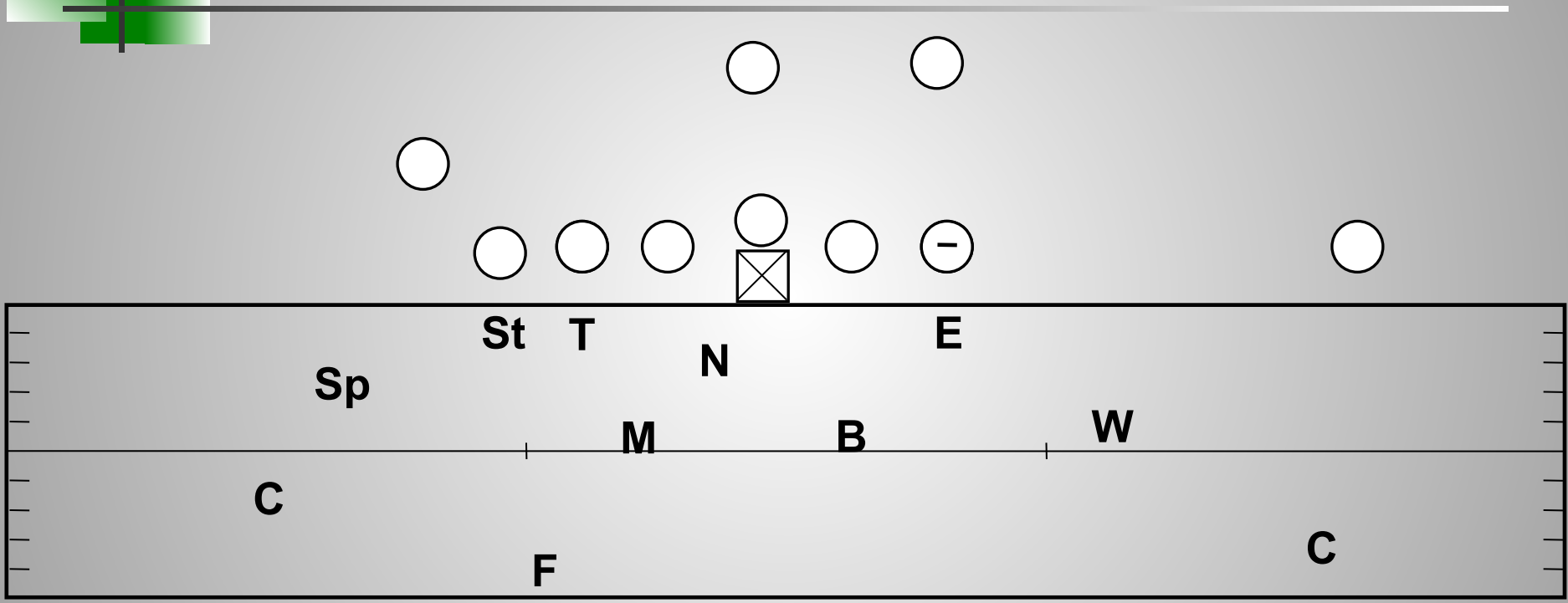


BUCK



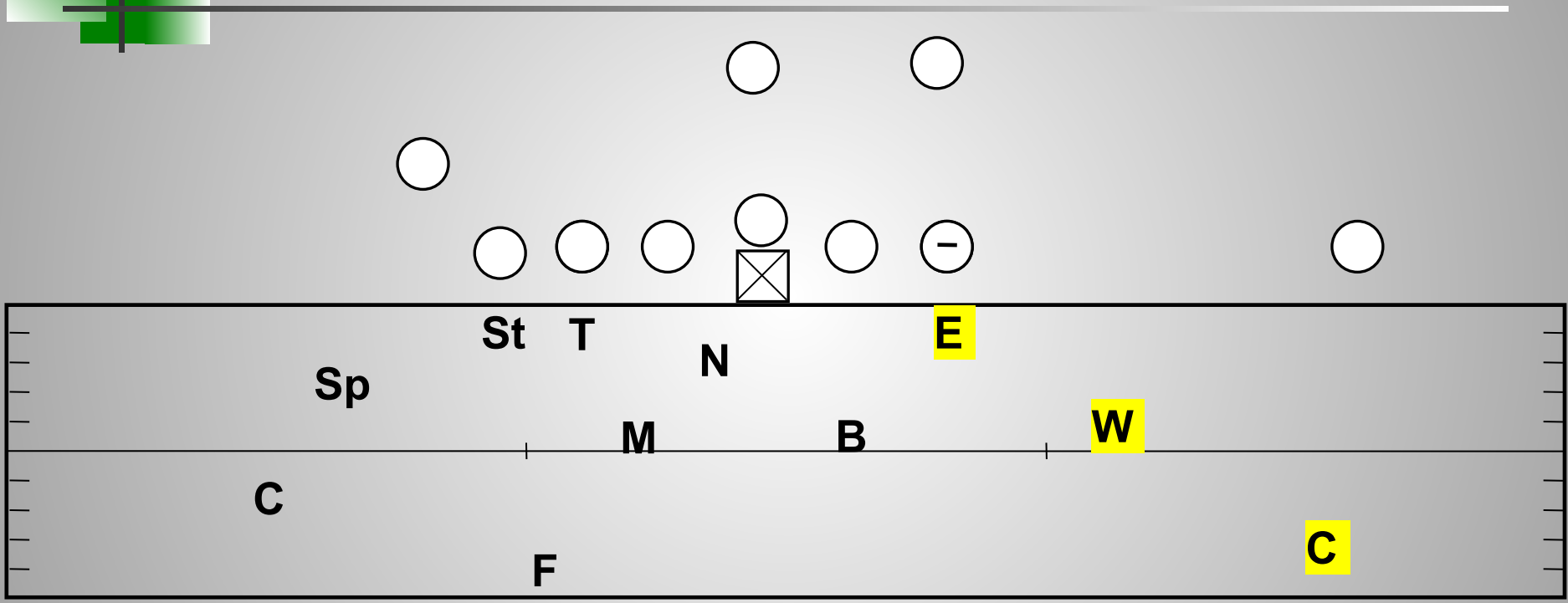


Strong A Gap



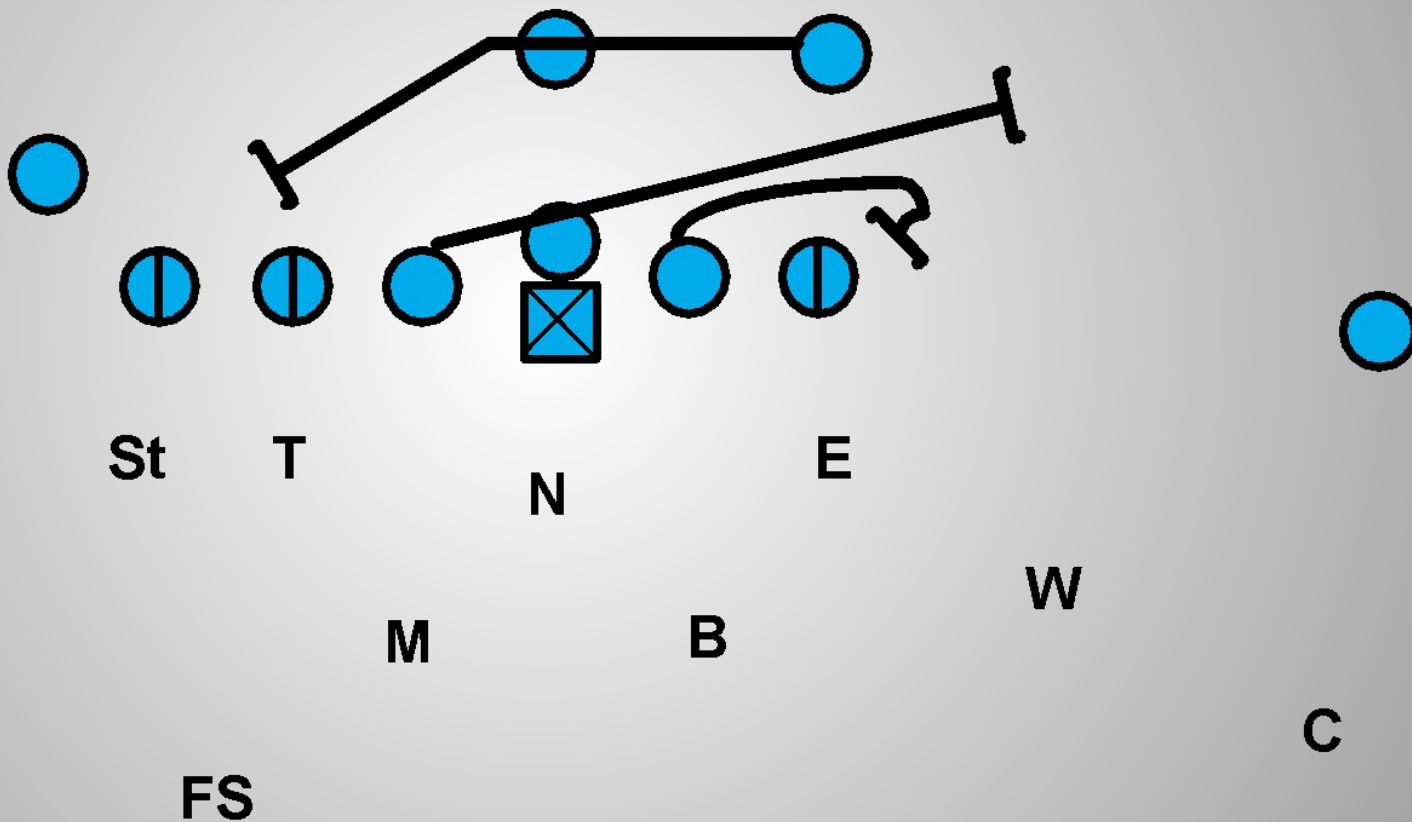
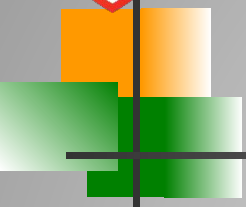


Strong A Gap



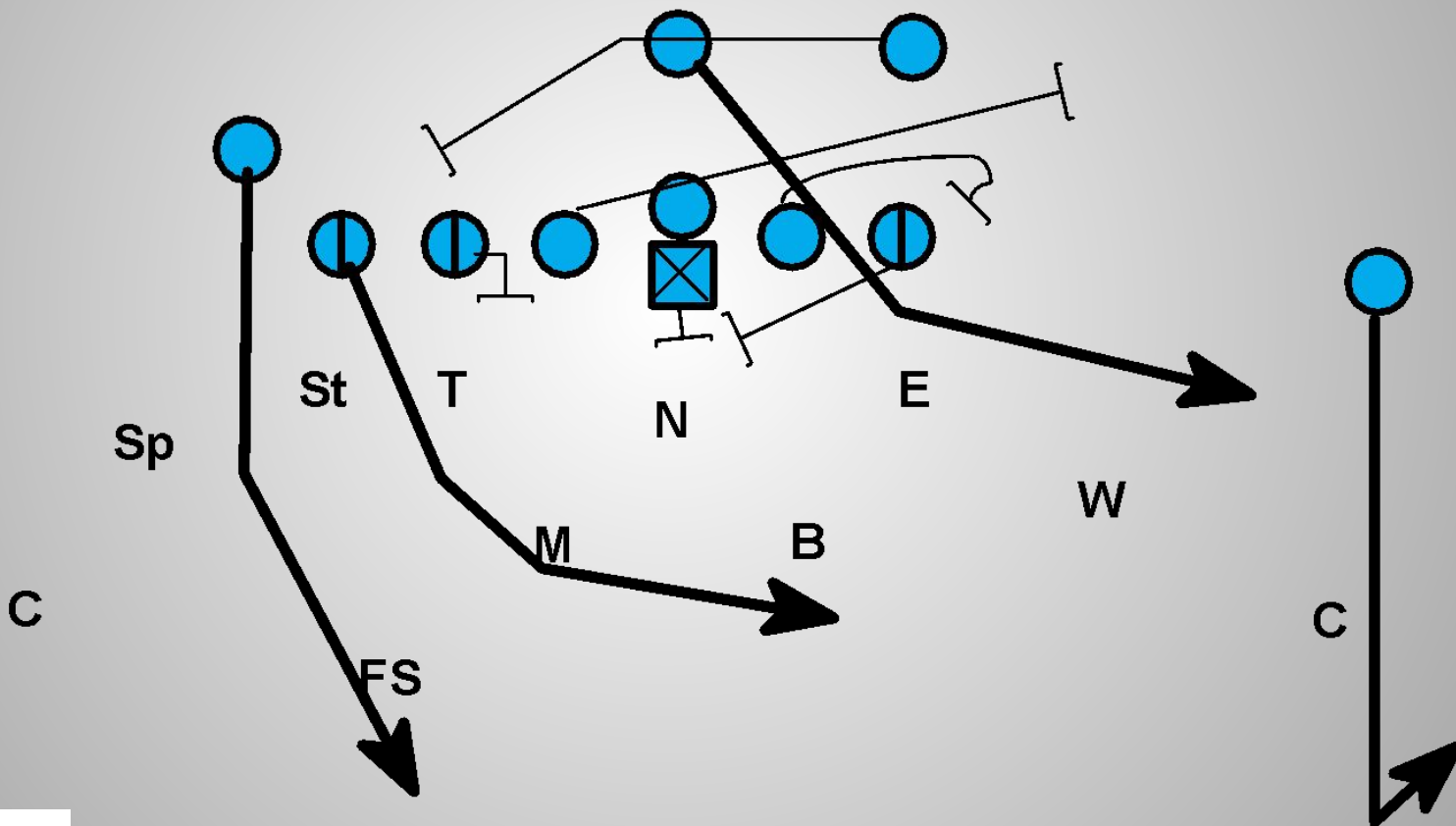


WAGGLE



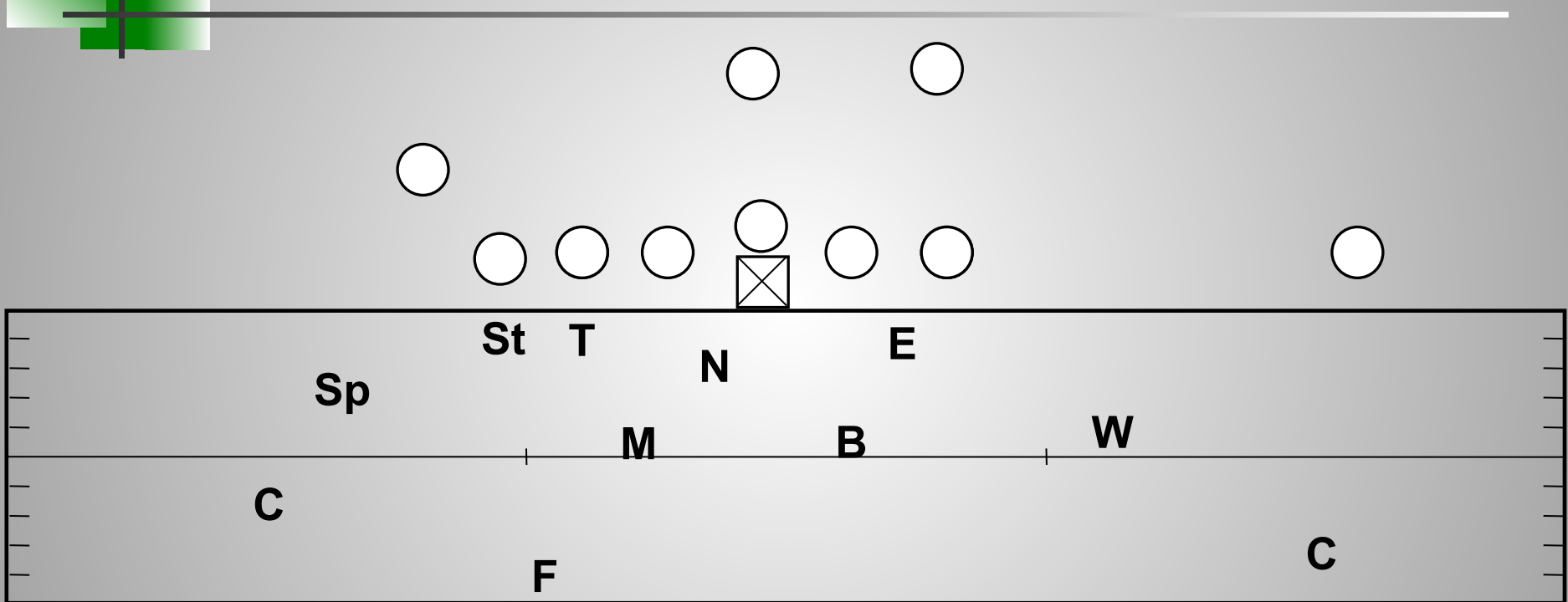


WAGGLE



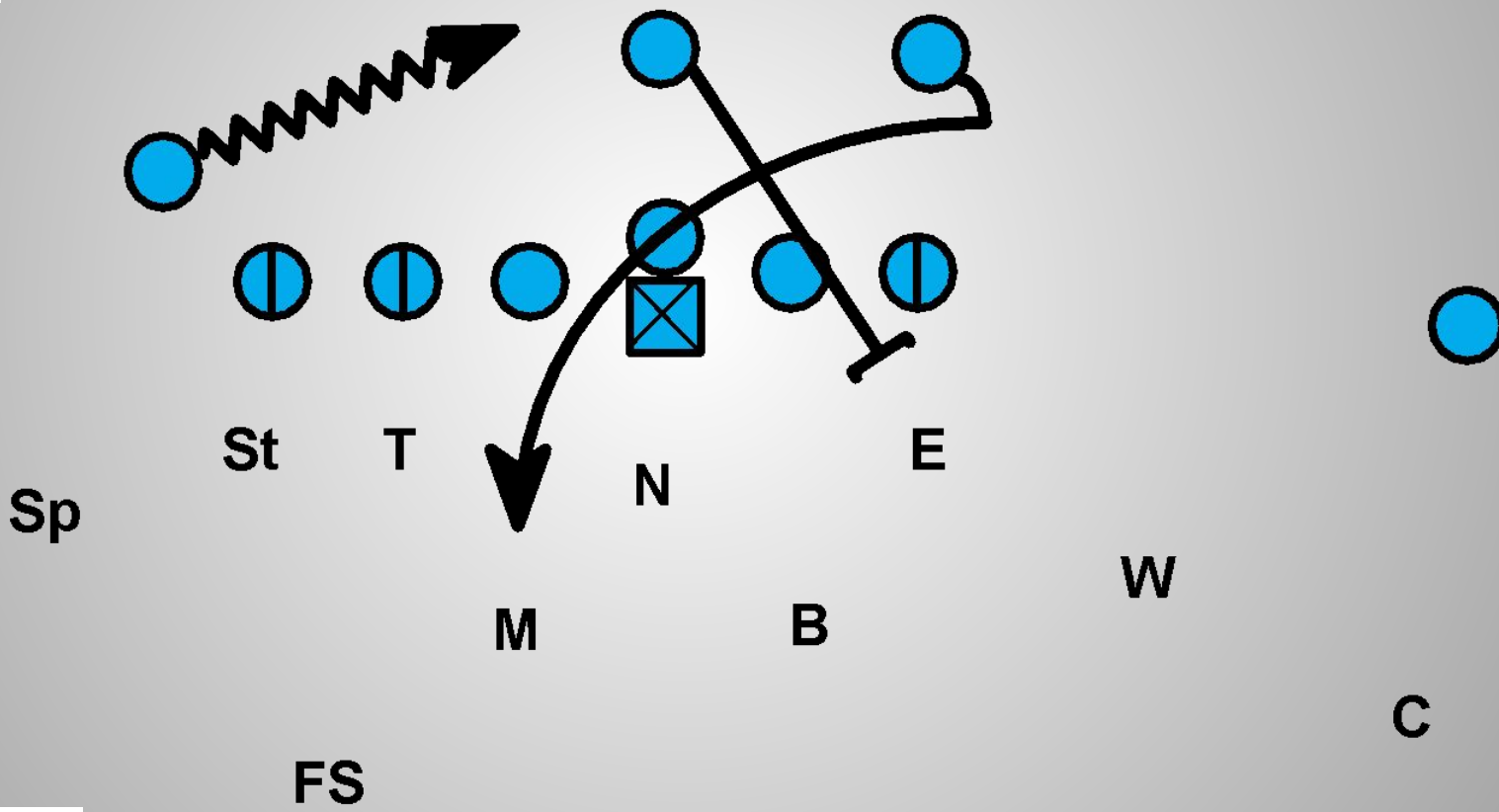


Strong A Gap



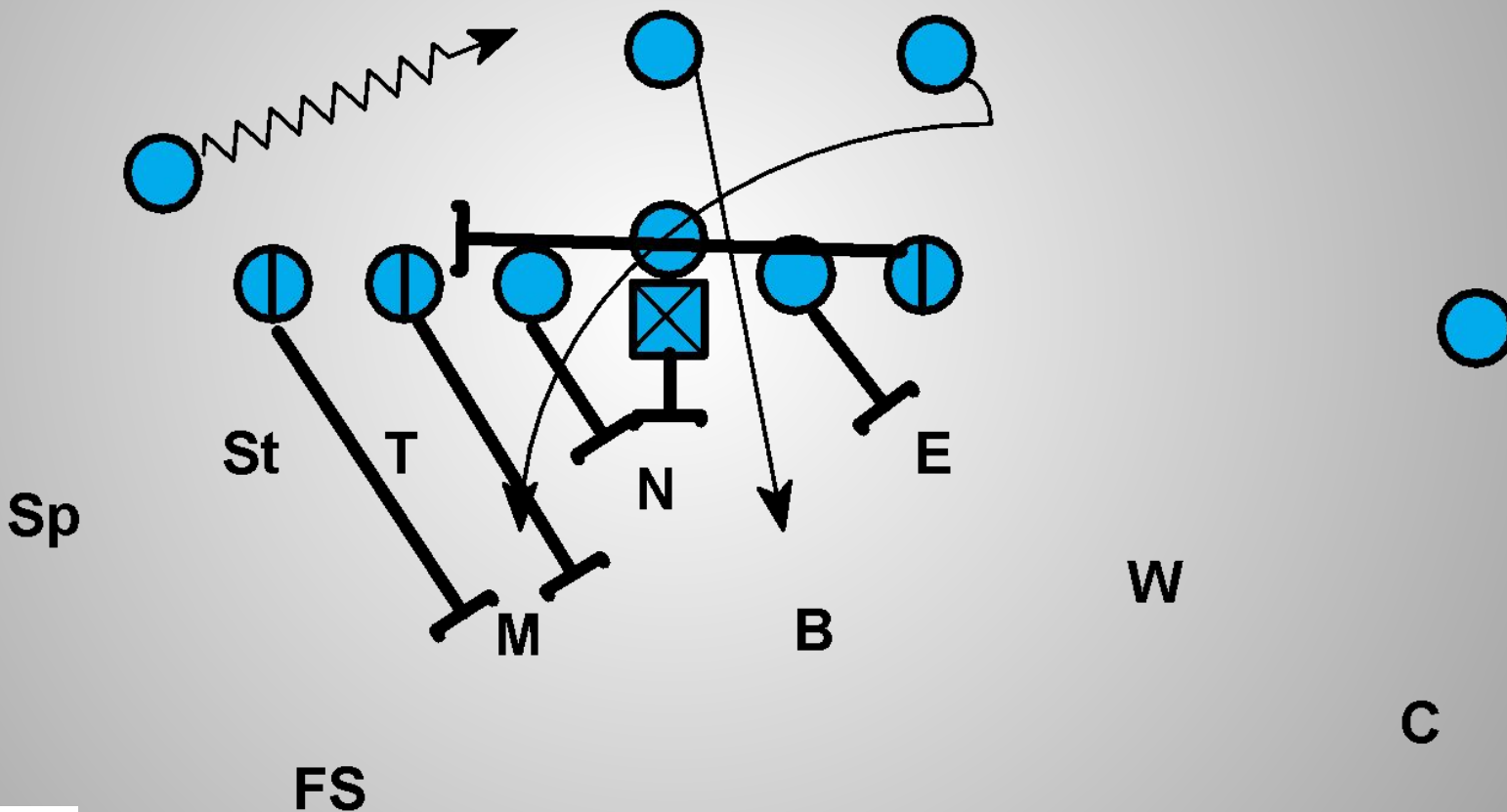


TACKLE TRAP



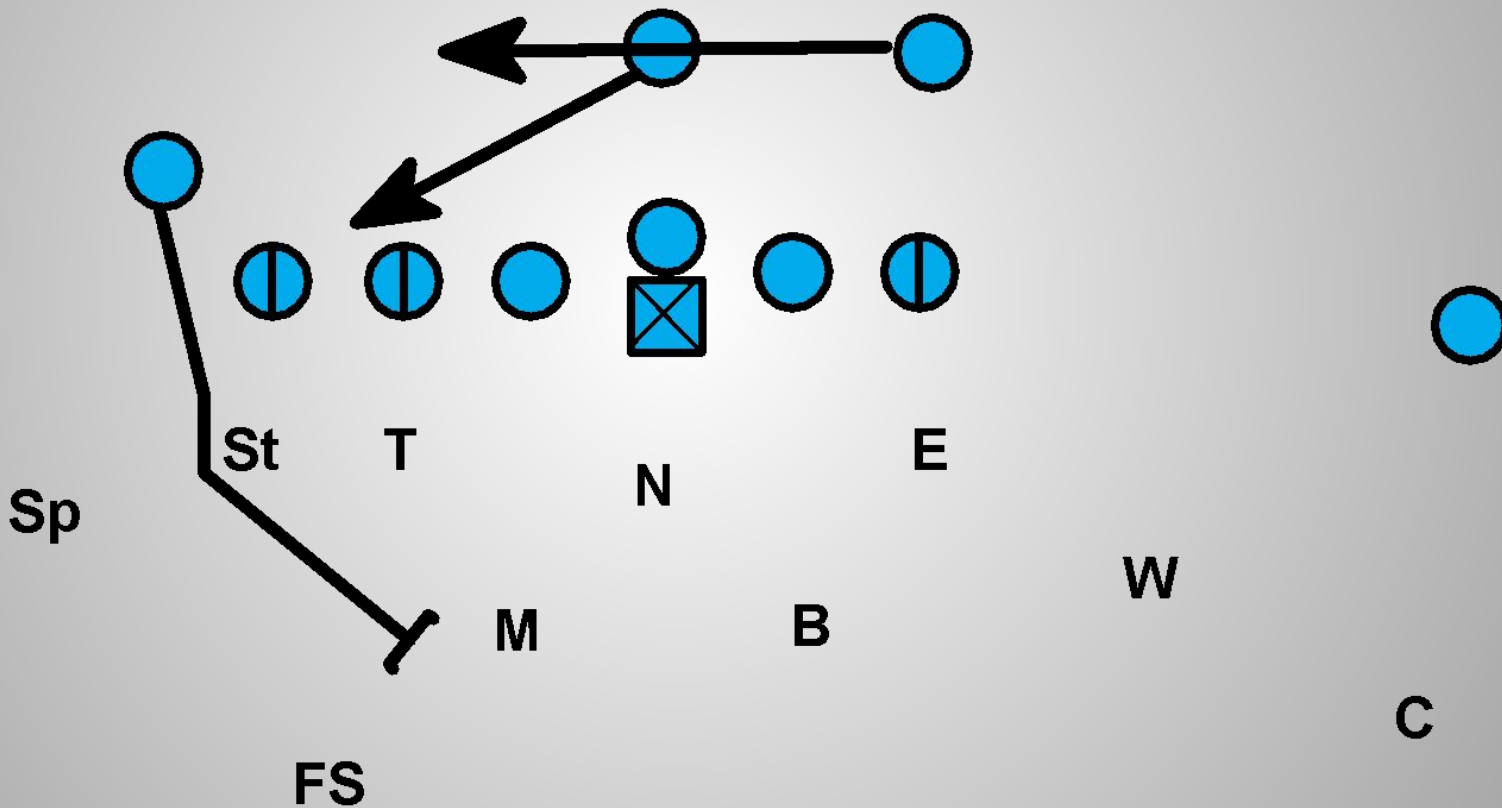


TACKLE TRAP



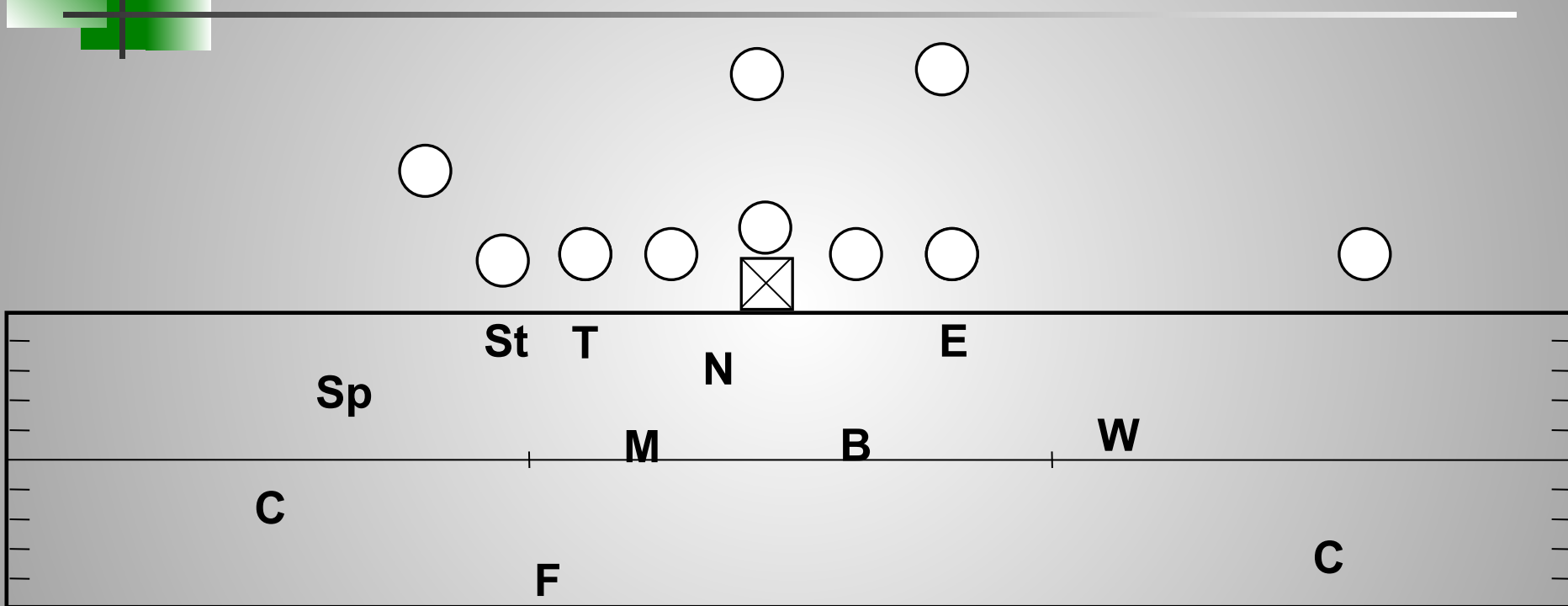


DOWN



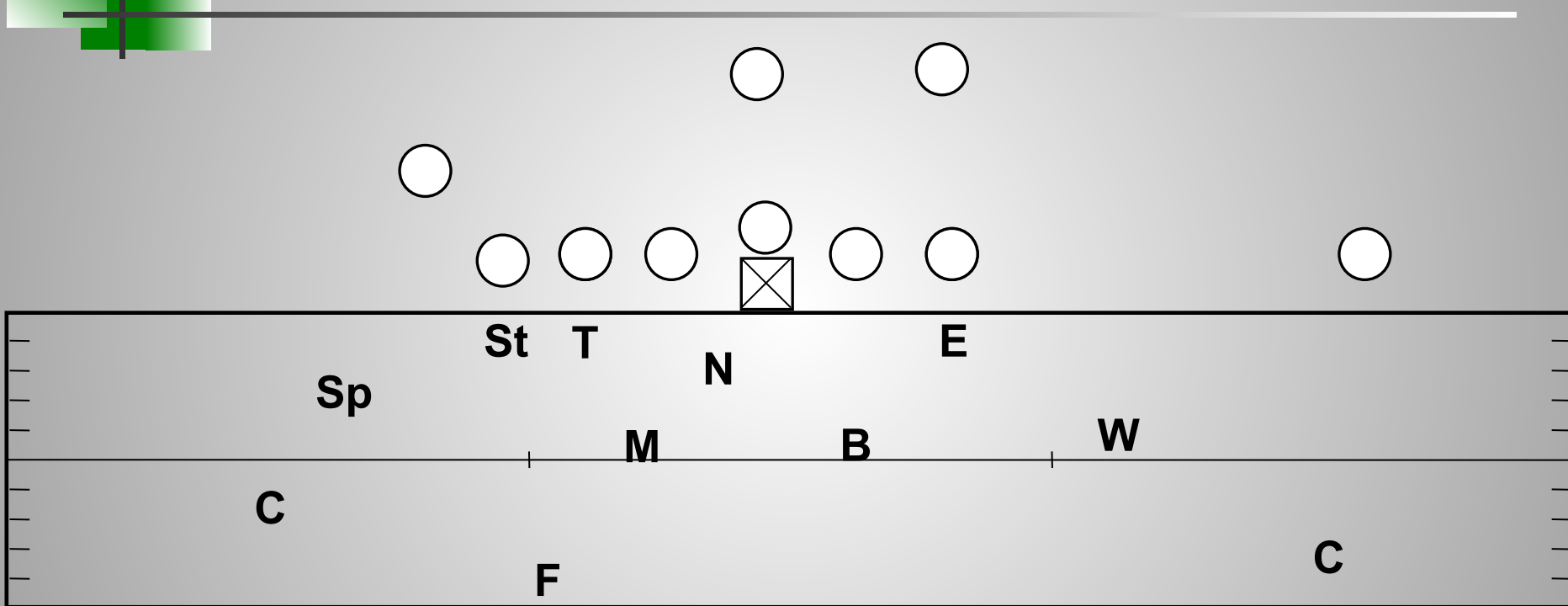


Strong A Gap



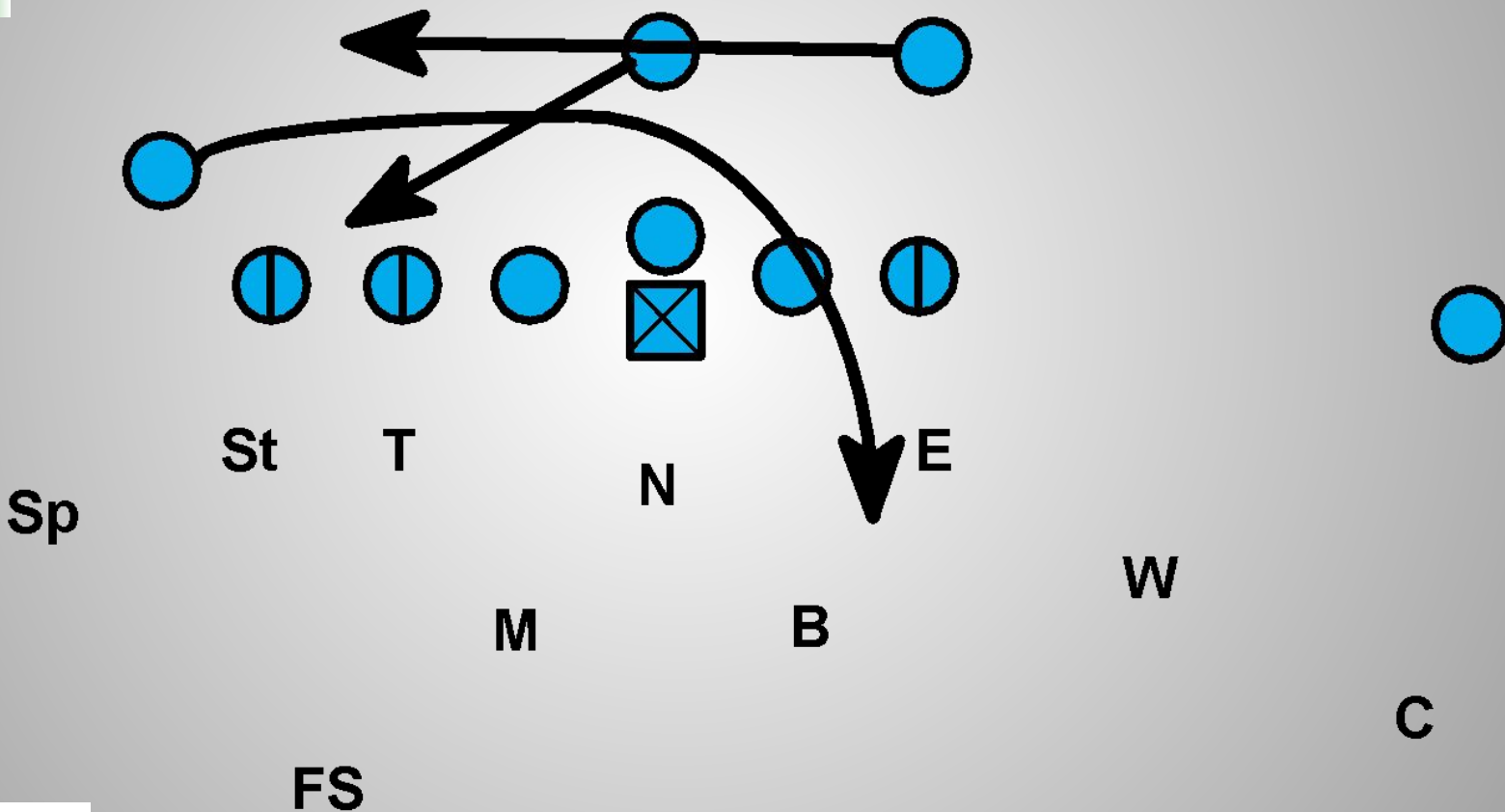
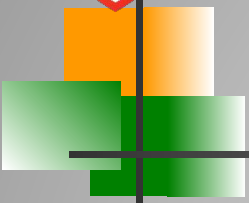


Strong A Gap



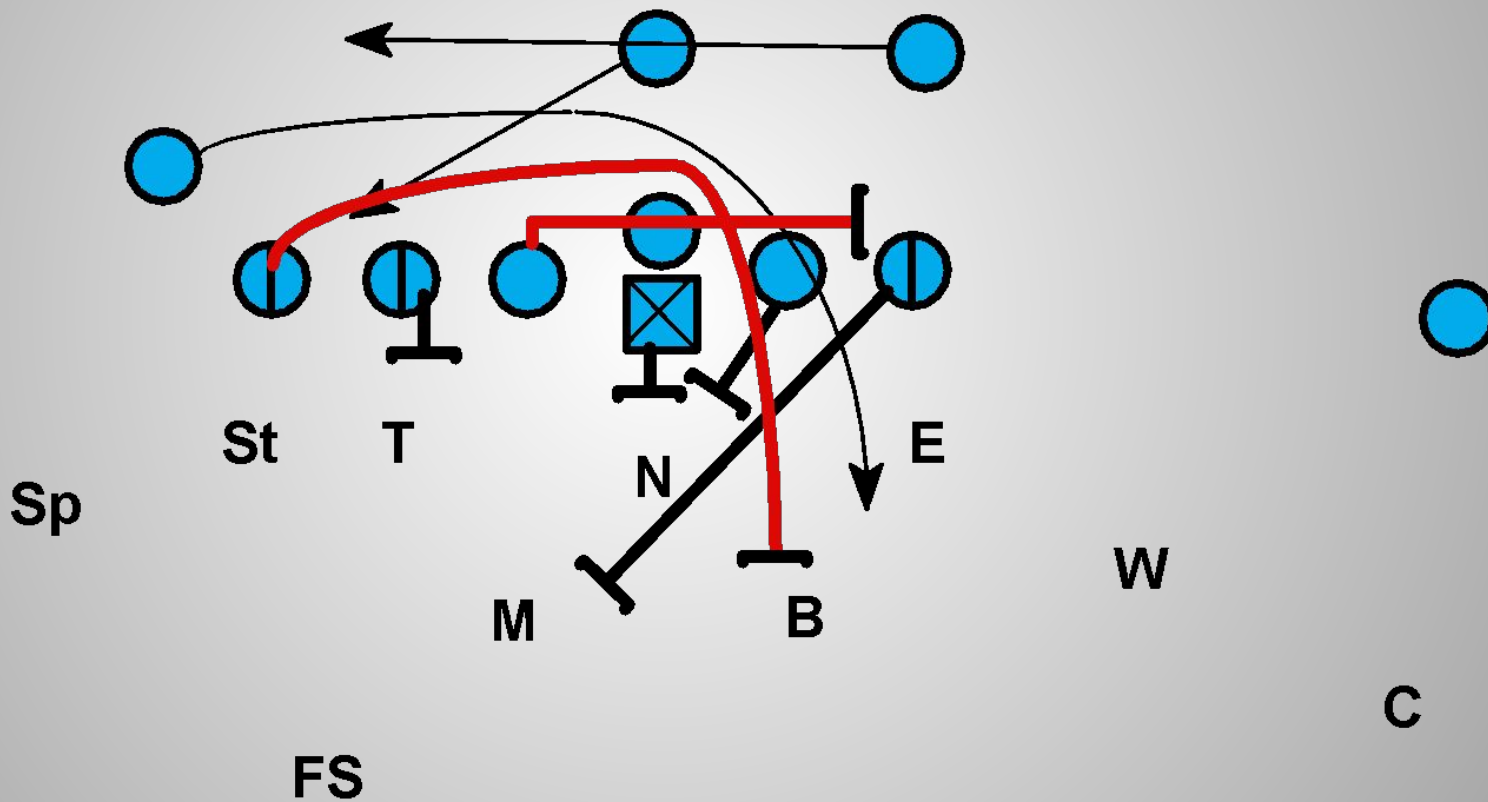


COUNTER



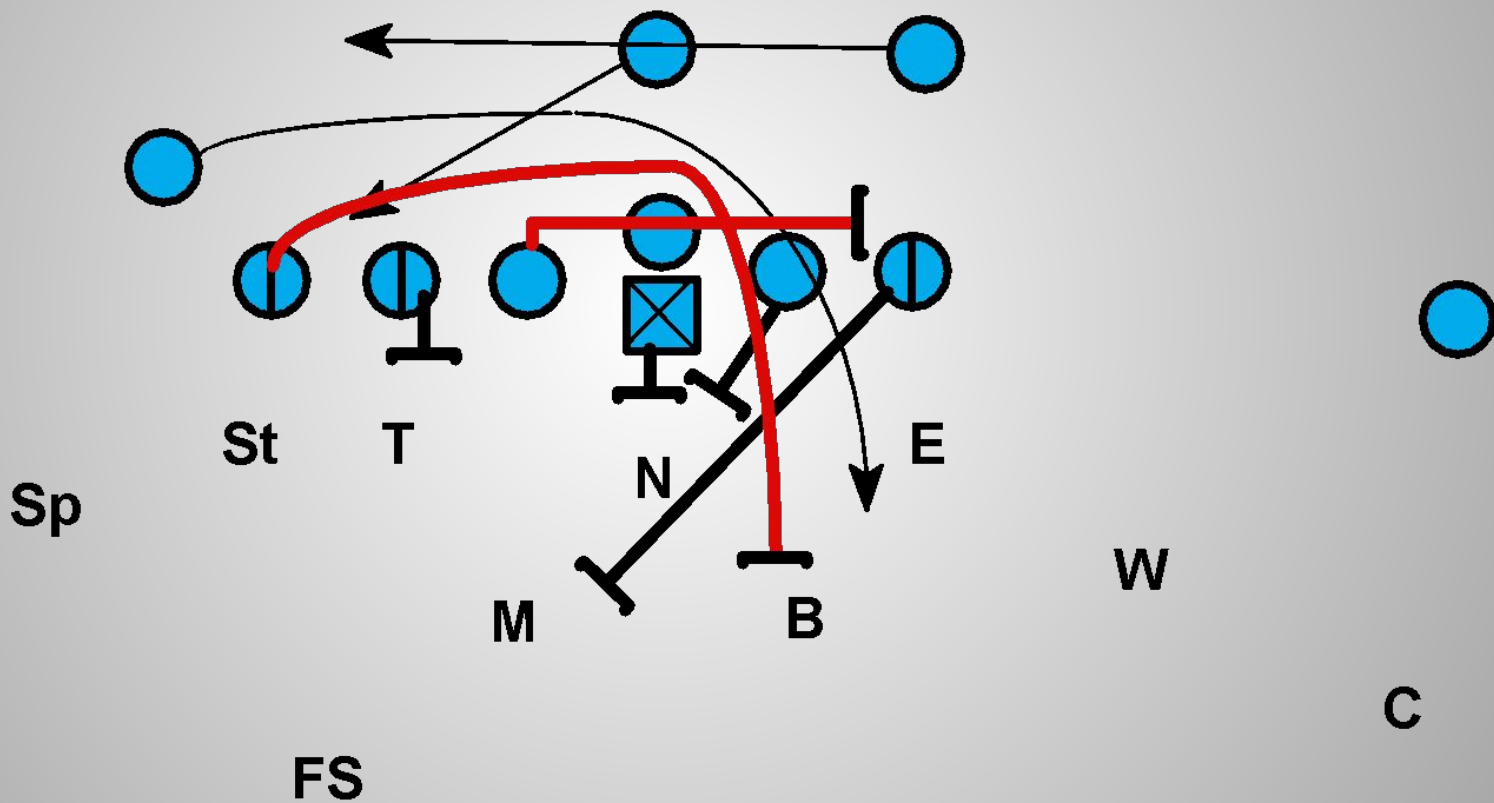


COUNTER



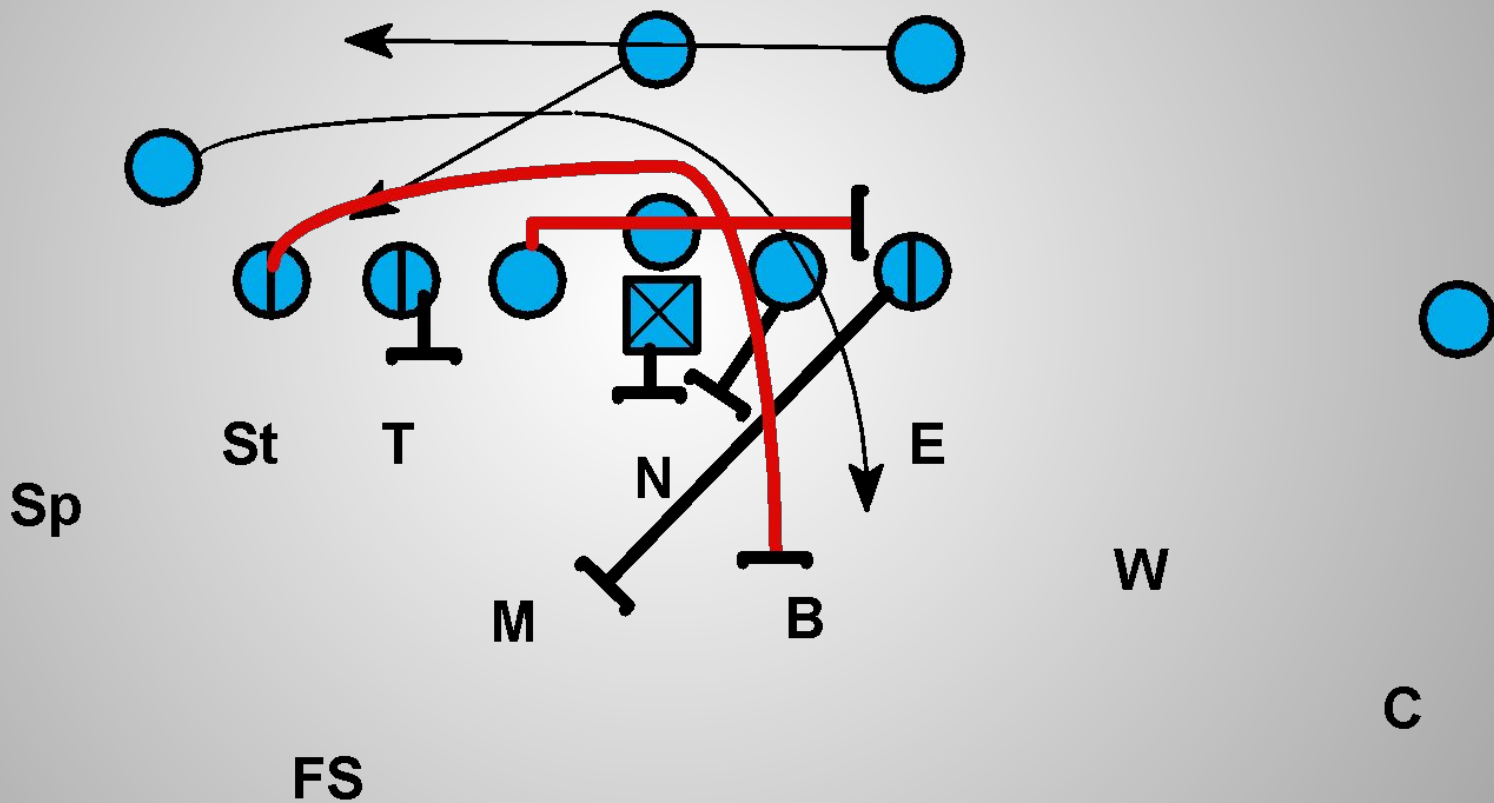


COUNTER





COUNTER

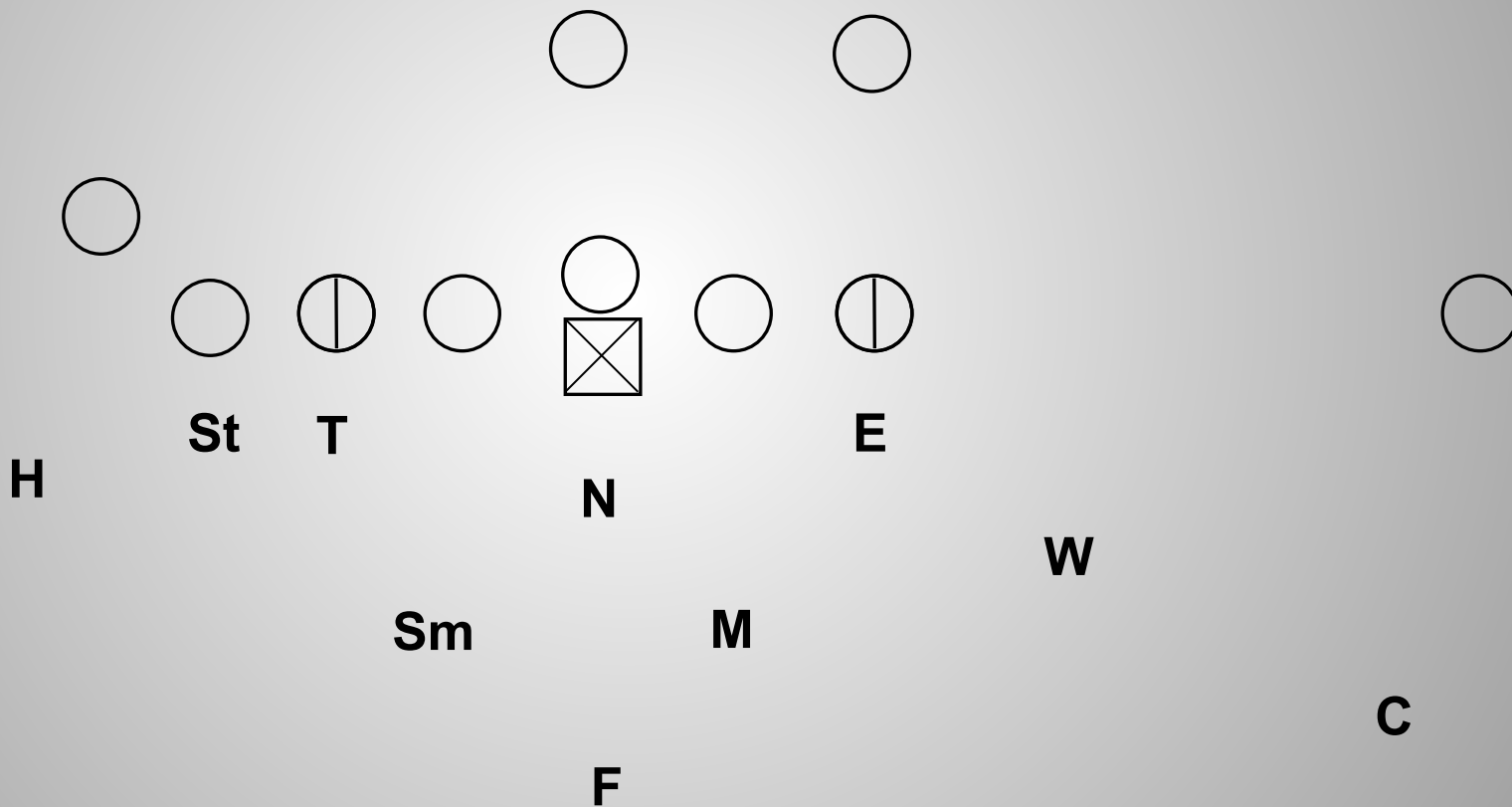


BLITZES & STUNTS



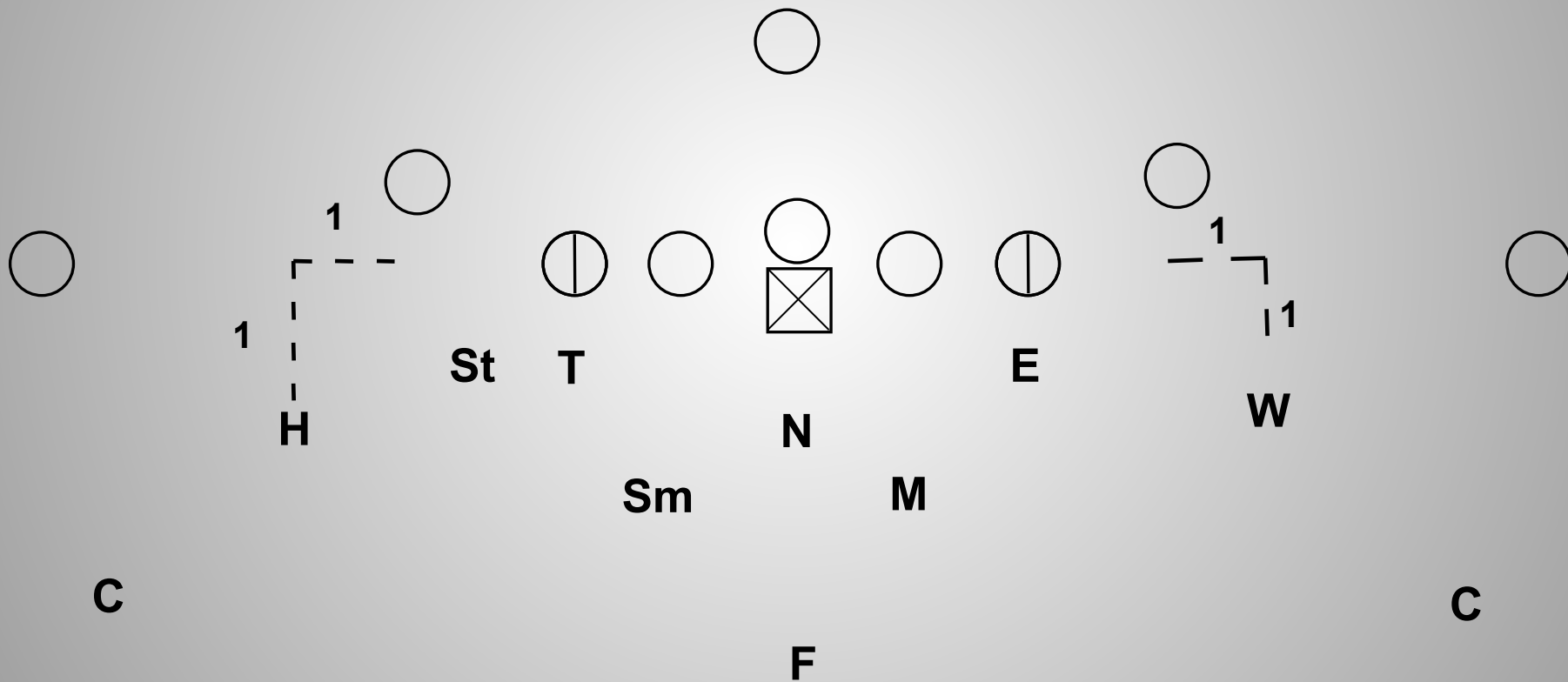


PLAYSIDE GUARD PULL





BLITZ INTO MOTION





PRACTICE WEEK





PRACTICE WEEK

- **POD WORK**
 - N, T, Sam, & Mike together
 - Stud, T, Hawk, Sam together
 - Nose, End, Mike, Will together
- **MON & TUE NO FOOTBALL**
- **WED add the ball**





PRACTICE WEEK

